

**Cache County School District**  
**Elementary School Counseling Consent Form: Group and/or Individual Counseling**

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Our school recently received a federal grant to have a counselor. Our counselor provides both individual counseling for students, as well as group counseling. We would like the opportunity to work with your student through:

Individual and/or  Group Counseling

Certain skills or areas that may be addressed in these settings are: ***Friendship and Social Skills, Dealing with Anger and Self-Control, Grief and Loss, Making it in Tough Times, Self-Esteem Building, Leadership Skills and Responsible Choices***. If there is or are other concerns that you would like addressed please make the counselor(s) aware.

Counselor \_\_\_\_\_ Phone \_\_\_\_\_

Utah Family Rights and Privacy Act (FERPA) requires us to obtain consent from a parent or legal guardian in order to offer individual or group counseling services. Utah law requires a two-week waiting period prior to participation in a counseling setting. With consent this waiting period may be waived. If information of a life-threatening nature is brought up it will be shared with the parent(s) and appropriate personnel. State law requires that information suggestive of child abuse be reported to the appropriate agency. Information from individual or group sessions may be shared with administration or teachers to benefit student success.

I give consent for my child to participate and waive the two-week waiting period.

I give consent for my child to participate but would like the two-week wait period.

I do NOT give my consent for my student to participate.

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**Student's Name**

**Parent/Guardian Signature**

**Date**