

# CACHE COUNTY SCHOOL DISTRICT CONVULSIVE SEIZURE EMERGENCY ACTION PLAN

Student Name: \_\_\_\_\_

School: \_\_\_\_\_

IF YOU SEE THIS	DO THIS	
PRE-SEIZURE ACTIVITY	<ul style="list-style-type: none"> <li>If there is a sign of a seizure coming on, try to get the student to a place to lie down. Use the VNS magnet if it is ordered.</li> </ul>	
SEIZURE ACTIVITY	<ul style="list-style-type: none"> <li>Use VNS magnet if ordered. Instructions for VNS use are on a separate page.</li> <li>Note the time and duration of seizure</li> <li>Be calm. Primary effort is to prevent the student from being injured.</li> <li>Stay with student.</li> <li>Move surrounding objects to protect from injury.</li> <li>Loosen clothing around the neck and waist. Remove eyeglasses. <b>DO NOT RESTRAIN.</b> If available, place something under the head to act as a cushion.</li> <li><b>DO NOT</b> try to place <b>ANYTHING</b> between the teeth. Give nothing by mouth until the student has completely recovered.</li> <li>Turn on side to prevent airway obstruction.</li> <li>Wait for the seizure to subside.</li> </ul>	
FALLS DOWN, LOSS OF CONSCIOUSNESS	<ul style="list-style-type: none"> <li>Help student to the floor for observation and safety</li> </ul>	
LOSS OF BOWEL OR BLADDER CONTROL	<ul style="list-style-type: none"> <li>Cover with blanket or jacket. If necessary: discreetly assist with changing of clothes after seizure.</li> </ul>	
VOMITING	<ul style="list-style-type: none"> <li>Turn on side</li> </ul>	
STOPS BREATING	<ul style="list-style-type: none"> <li>Begin CPR/Rescue breathing. <b>CALL 911!</b></li> </ul>	
FOR ACTIVITY LASTING > 5 MINUTES	<ul style="list-style-type: none"> <li>Call 911 then notify parent/guardian if:                             <ul style="list-style-type: none"> <li>Seizure does not subside in 5 minutes, or recurs right after 1<sup>st</sup> seizure</li> <li>If consciousness does not return after a seizure ends</li> <li>If student has Diabetes</li> <li>If seizure is the result of an injury or student is severely injured during seizure</li> <li>If student is pregnant</li> <li>If student has never had a seizure before</li> </ul> </li> </ul>	
AFTER SEIZURE ACTIVITY	<ul style="list-style-type: none"> <li>As seizure ends, help reorient the student to his/her surroundings.</li> <li>Allow student to rest or sleep.</li> <li>Do not allow the student to walk unsupported.</li> <li>Reassure student and classmates.</li> <li>Document Seizure</li> <li>Check every 10 minutes to be sure student can be aroused and not seizing again.</li> <li>Check for injuries associated with fall, as needed.</li> <li>Notify parent/guardian.</li> <li>As with any seizure, the student cannot attend to the information being taught at that time, therefore, it will be necessary to repeat information taught during the seizure.</li> </ul>	
BEHAVIORS EXPECTED AFTER SEIZURE	<input type="checkbox"/> Tiredness <input type="checkbox"/> Weakness <input type="checkbox"/> Sleeping, difficult to arouse	<input type="checkbox"/> Somewhat confused <input type="checkbox"/> Regular breathing <input type="checkbox"/> Other: _____
<b>SPECIAL CONSIDERATIONS &amp; SAFETY PRECAUTIONS</b>		
<b>Call 911: <input type="checkbox"/> immediately OR <input type="checkbox"/> 5 minutes OR <input type="checkbox"/> _____ number of minutes &lt;5 upon student having a seizure.</b>		
CONVULSIVE SEIZURE ON A SCHOOL BUS	<b>ALWAYS call 911 immediately.</b> Place the student on their side across the seat facing away from the seat back, or in the aisle if necessary, to allow saliva to drain and to prevent choking in case of vomiting.	
CONVULSIVE SEIZURE IN A WHEELCHAIR	1. <b>DO NOT</b> remove the student from their wheelchair unless absolutely necessary. 2. Secure the wheelchair to prevent movement. 3. Fasten their seatbelt loosely to prevent student from falling from wheelchair. 4. Protect and support the student's head.	
<b>THE ABOVE BEHAVIORS CAN LAST FOR A FEW MINUTES TO A FEW HOURS</b>		