The School Nurse Role

Individual Health Plans (IHP) and 504 Plans

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A School Nurse

The National Association of School Nurses defines school nursing

“School Nursing is a specialized practice of professional nursing that advances the well-being, academic success and lifelong achievement and health of students.

To that end, school nurses facilitate normal development and positive student response to interventions; promote health and safety including a healthy environment;
A School Nurse

intervene with actual and potential health problems; provide case management services; and actively collaborate with others to build student and family capacity for adaptation, self-management, self advocacy, and learning (NASN, 2010).”
The School Nurse is governed by

- Utah Legislative Laws
- Utah Nurse Practice Act
- National Scope and Standards

- Supported by National and State Organizations
  
  ![National Association of School Nurses](image1)
  ![American School Health Association](image2)
  ![Utah School Nurse Association](image3)

- National Certification available
(1) (a) Students in the state's public schools may be better protected against risks to health and safety if schools were to have registered nurses readily available to assist in providing educational and nursing services in the public schools.

Educational level of the school nurse should be at the baccalaureate level, and the school nurse should continue to pursue professional development and continuing nursing education (NASN
shall have a written plan or policy ....that states *how a nurse or doctor can be contacted at any time the school is in session.*

*Prior agreement shall have been made with the doctor or nurse to ensure availability.*

In addition, at least two designated individuals shall be on site that have a current Red Cross basic first aid and CPR certificate or equivalent training approved by the governing body.
School Nurse Funds: HB 160

- Watch for application in March
- Due back in April
- Base on anticipated Oct. 1, 2014 enrollment
- Name and license # of physician who will oversee all medical and nursing activities for your school
- Name, license # and FTE of school nurse(s)
Identifying Students with Special Health Care Needs
Connecting students and families to medical homes
The Student Individualized Health Care Plan (IHP)

• Created by the school nurse through the nursing process
• An IHP is developed:
  • For students whose healthcare needs affect or have the potential to affect safe and optimal school attendance and academic performance.
  • If student requires delegation of care (R156-31b Nurse Practice Act Rule)
  • If there are health related components needed for a 504 or IEP
  • If student may require emergency measures for a health related problem
R156-31b Nurse Practice Act Rule

102 Definitions:

(21) Individualized Health Plan (IHP) means a plan for managing the health needs of a specific student, written and reviewed at least annually by a school nurse. The IHP is developed by a nurse working in a school setting in conjunction with the student and the student’s parent or guardian to guide school personnel in the care of a student with medical needs.

The plan shall be based on the student’s practitioner’s orders for the administration of medication or treatments for the student, or the student’s DMMP.
The Nursing Process

- Each step of the nursing process strengthens and facilitates educational outcomes for students.
  - Nursing assessment
  - Nursing Diagnosis/Problem Statement
  - Outcome identification
  - Plan of Care / Goals
  - Implementation
  - Evaluation
504 IS A PLAN..... NOT A PERSON
Thoughts on a 504 Nurse

“If 504 is in charge of “leveling the playing field” for students with disabilities and most of those children have medical needs, a nurse needs to be involved. If the child’s health issues are significant enough to require accommodations throughout their day, then we should have one nurse dedicated to ensuring the medical needs are being appropriately accommodated.”
How 504 Nurse Position Works:

- Assesses and oversees the development of medical support for students needing adult assistance at school

- Provides parent support and training/education regarding health care provisions at school as needed
• Evaluate / assess school needs and advise / determine allocation of resources for adult assistance.

• Provide support with data collection and analysis.

• Collaborate with state and local organizations regarding health care support for students with disabilities
• Provide support for paraprofessionals working in the school setting with students with medical / health care needs.

• Attend 504 planning meetings as needed.
The Golden Rule of Providing Support in Inclusive Classrooms: Support Others as You Would Wish to Be Supported
TRAINING

• 504 TAs (Unlicensed Assistive Paraprofessionals)
• 540 Building Coordinators
• School Teams and Staff
• District Trainings
Training vs. Delegation
(1) Any task being delegated by the school nurse shall be identified within a current IHP. The IHP is limited to a specific delegatee for a specific time frame. Any unlicensed person who administers medication to a student as a delegatee of a school nurse, must receive training from a school nurse at least annually.

National Association of School Nurses (NASN) [http://www.nasn.org/](http://www.nasn.org/)

Utah Medical Home Portal [http://www.medicalhomeportal.org](http://www.medicalhomeportal.org)

Utah School Nurse Association (USNA) [http://www.utahschoolnurses.org/](http://www.utahschoolnurses.org/)

Utah Parent Center [www.parentcenter.org](http://www.parentcenter.org)


Reference:

