



CACHE HIGH SCHOOL

Digital Detox Policy



WE ARE A PHONE FREE SCHOOL

Students who choose to bring a phone into the building are required to store it in the lockbox provided in their first and fifth hour classrooms. Phones may only be retrieved during lunch and after school. Any staff member who observes any student with a cell phone during class time hours will send the student to the office to turn in their phone, and the following disciplinary actions will be taken:

What about Listening to Music?

We realize that music is a healthy regulating tool— We will be implementing some options within each classroom. (We have observed that once students get ear pods in, they tune out to what is happening in the classroom.)

FIRST OFFENSE

- 1—Student must turn their phone in to the office for the remainder of the day
- 2—Parent or guardian will be notified that the student was using a cell phone during the school day

SECOND OFFENSE

- 1—Student must turn their phone in to the office
- 2—A Parent or Guardian must pick up the phone from the office—it will not be returned to the student

THIRD OFFENSE

- 1—Student must turn their phone in to the office until a parent or guardian collects it
- 2—Parent or guardian will meet with an administrator and make a plan to eliminate cell phone use during class time.

WHY THIS POLICY?

The evidence that cell phone use is detrimental to teens is overwhelming and growing. We strongly believe that by prohibiting cell phones from school, we are helping our students learn better, form stronger social connections with their peers, and complete a “digital detox” that will help them succeed in all aspects of their life.

HOW TO CONTACT YOUR STUDENT DURING SCHOOL HOURS

- 1—Call the main office at (435) 755-0716
- 2—Text Principal Hansen at (435) 994-0651
- 3—Stop by the main office in person to check your student out of school