

Dear Parent/Guardian:

Each year the school nurses present a maturation program for the 5<sup>th</sup> graders. This is required by state curriculum. The girls program is presented by one of the district school nurses. A health educator from Bear River Health Department will present the boys program. Physical changes and emotional changes that occur during puberty are discussed along with an emphasis on hygiene. A film discussing puberty and the changes that take place within their own body is also shown. The program does not include discussions on sex or birth control. If a child asks a question, their question will be answered as simply and basically as possible. The instructors will not instigate discussions on this subject. Our main focus is the changing and maturing of their body.

The maturation program for \_\_\_\_\_ elementary is scheduled on \_\_\_\_\_ at 2:00 p.m. You are invited and encouraged to attend with your son or daughter. State law requires that in order for your child to attend this program you must give your written permission. Otherwise, they will not be allowed to attend their respective program. Please sign the form below and return it to your child's teacher as soon as possible. If you have any questions, please contact the school or the school nurses at 752-3925.

Thank you,

Cache County School District RN's

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**Student Name:** \_\_\_\_\_

\_\_\_\_\_ YES, I would like my child to attend the maturation program.

\_\_\_\_\_ No, I do not want my child to attend the maturation program.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date