

**Cache County School District**  
**Inhaler Administration Protocol**

**Only staff ANNUALLY trained by A CCSD Nurse can provide the following procedure**  
**ALWAYS FOLLOW THE STUDENT'S INDIVIDUALIZED HEALTH CARE PLAN**

PROTOCOL
<b>A. Preparation:</b> 1. Identify student's ability to participate in procedure, review Universal Precautions, identify possible problems and appropriate actions.
<b>B. Identify supplies and gather equipment</b> 1. Student's labeled inhaler 2. Check name, dose, expiration date and doctor's order
<b>C. Procedure</b> 1. Properly position student, sit up straight or stand 2. Remove the cap and hold the inhaler upright 3. Shake the inhaler. If inhaler has <b>not been used for 48</b> hours, prime canister by depressing once. 4. Breathe out 5. Put canister in mouth and seal lips around canister 6. Breathe in slowly and depress canister 7. Continue breathing in until lungs are full (3-5 seconds) 8. Hold breath for 10 seconds to allow medicine to go deeply into lungs 9. Breathe out slowly. 10. Rinse mouth and spit out. Recap canister for storage 11. Document procedure in the approved CCSD documentation system

