

Cache County School District Glucometer Testing Protocol

Only staff ANNUALLY trained by A CCSD Nurse can provide the following procedure
ALWAYS FOLLOW THE STUDENT'S INDIVIDUALIZED HEALTH CARE PLAN

PROTOCOL

A. Preparation

- * Complete procedure at appropriate and scheduled times
- * Reviews universal precautions
- * Identifies Glucometer and test strips
- * Identifies where procedure is done
- * Identifies potential problems & appropriate action

B. Identifies supplies and gathers equipment

- Disposable gloves
- Lancet (used to prick fingertip)
- Blood test strip
- Glucometer
- Tissue

C. Procedure

1. Wash hands and put on disposable gloves
2. Have student wash and dry hands
3. Insert test strip into glucometer
4. Using Lancet, prick side of student's fingertip
5. Allow a drop of blood to form on fingertip, carefully touch tip of test strip to drop of blood, wait for glucometer to count down
6. Meanwhile clean fingertip with tissue, using small amount of pressure
7. Read the glucometer & record the sugar level
8. Identify the students normal blood sugar range
9. Dispose of test strip by wrapping in tissue & placing in the garbage can
10. Remove gloves, place in garbage can and wash hands
11. Document procedure in the approved CCSD documentation system