

# CCSD GENERAL EMERGENCY PROTOCOL

## DIABETES

### SYMPTOMS OF A DIABETIC EMERGENCY (Low Blood Sugar)

Student may state: "I don't feel good" or "I feel low."

**SHAKING SWEATING CONFUSION IRRITABILITY DIZZINESS**

- Stay with student
- Give quick acting sugar: 3-4 glucose tablets **OR** 3 teaspoons glucose gel **OR** 4 oz. juice **OR** 6 oz. regular soda **OR** 3 teaspoons of sugar **OR** as listed on Student's Health Plan

If symptoms don't improve within 15 minutes re-treat with quick acting carbohydrates.

### SYMPTOMS OF SEVERE LOW BLOOD SUGAR

**UNABLE TO SWALLOW SEIZURE INCOHERENT OR UNCONSCIOUS**

**CALL OFFICE STAFF FOR ANY SYMPTOMS OF SEVERE LOW BLOOD SUGAR**

**IMMEDIATE** interventions are required with symptoms of a SEVERE low blood sugar. Office staff will follow health plan for administering Glucagon.

**IF GLUCAGON IS ADMINISTERED 911 MUST BE CALLED**

## ALLERGY/EPI-PEN

*(may be triggered by insect bite or a food allergy)*

### SYMPTOMS OF A SEVERE ALLERGIC REACTION (ANAPHYLAXIS)

#### SYMPTOMS

<b>MILD:</b>	Rash	Itching	Hives
<b>MODERATE:</b>	Breathing difficulty	Wheezing	
<b>SEVERE:</b>	Breathing difficulty	Vascular collapse (shock)	
	Throat swelling	Cardiac Arrest	

**CALL OFFICE STAFF FOR ANY ALLERGIC REACTION**

*\*Unless otherwise specified in the action plan*

Office staff will follow student's Allergy Action Plan and administer oral antihistamine and/or Epi-pen as directed.

**IF EPI-PEN IS ADMINISTERED 911 MUST BE CALLED**

## ASTHMA

### SYMPTOMS OF AN ASTHMA ATTACK

***Coughing Wheezing Chest Tightness Shortness of Breath***

- Administer prescribed rescue medication by inhaler if one is available **OR** allow student to self-manage with inhaler.
- Reassure student and attempt to keep student calm by breathing slowly and deeply in through the nose, out through the mouth.

**ASTHMA EMERGENCY - CALL 911**

- No improvement 15-20 minutes after initial treatment and relative cannot be reached.
- Hard time breathing with:

***Shortness of breath Can't eat or talk well Breathing hard and fast  
Medicine isn't helping Rib or neck muscles show when breathing in***

## CONVULSIVE SEIZURE

### SYMPTOMS OF A CONVULSIVE SEIZURE

**Stiffening of Arms & Legs followed by rhythmic jerking Sudden hoarse cry  
Shallow Breathing Banging of head Lips, Skin, Nails, turn blue  
Loss of bowel & bladder control Generally lasts 1-3 minutes**

- Ease student gently to the floor
  - Stay calm and track time
  - Turn student on his/her side
  - Keep student safe & provide privacy
  - Protect & support student's head
  - **DO NOT** restrain or put anything into the mouth
  - When student awakens, reorient the student to surroundings
- SEIZURE EMERGENCY - CALL 911**
- Immediately Call 911 for any convulsive seizure lasting > 5 minutes or less if indicated on student's health plan. Any student having a convulsive seizure without a current year's Health Plan.
  - If 2 or more consecutive convulsive seizures occur **OR** as per student's health plan
  - Student has severe breathing difficulty

- Follow your school's protocol for calling 911. Always contact parents simultaneously or immediately after calling 911.
  - If student has Health Plan on file refer to it for detailed instructions.
- **Office Staff are trained regarding medical emergencies. Call office immediately with any questions or concerns!**