

Cache County School District
Epinephrine Administration Protocol

Only staff ANNUALLY trained by A CCSD Nurse can provide the following procedure
ALWAYS FOLLOW THE STUDENT'S INDIVIDUALIZED HEALTH CARE PLAN

PROTOCOL
A. Preparation: 1. Identifies student's ability to participate in procedure, Reviews Universal Precautions, Identifies possible problems and appropriate actions.
B. Identifies supplies and gathers equipment 1. Epi-Pen Kit: instructions listed on the side of the pen 2. Check name, dose, expiration and if cloudy window
C. Procedure 1. Properly position student
2. Have someone to call 911 and parent If alone, administer medication then call 911
3. For all epinephrine auto injectors grasp the unit with the needle tip pointing downward, with your other hand, pull off the safety release. For Symjepi pull the cap off to expose the needle. To ensure no accidental leakage occurs, DO NOT touch the plunger until the needle is fully inserted.
4. Secure thigh, hold needle tip near student's outer thigh, jab and press firmly into outer thigh so that the auto-injector is perpendicular (90° angle) to the thigh. Hold firmly in the thigh for three seconds for Epi-Pen & Teva. Two seconds for Auvi-Q. Ten seconds for Adrenaclick. For Symjepi hold by the finger grips and slowly insert the needle. After the needle is in the thigh, press the plunger all the way down until it clicks and hold for two seconds.
5. Remove the Epinephrine injector from the thigh and massage injection area for 10 seconds. For Symjepi Slide the safety guard down over the needle until it clicks into place. Put the syringe back in the case. Snap closed. Monitor the student until EMS arrives. Give used Epi-Pen to EMS if applicable.
6. Note time given
7. Wash hands
8. Document procedure in the approved CCSD documentation system
9. Give used epinephrine injectors to EMS if needle auto closes or covered after administration. For exposed needles discard in sharps container and tell EMS what was administered