Community Resources

Crisis Counseling:

SAFE-FAM  1 (833) SAFE-FAM  1 (833) 723-3326
- Has difficulties in school  - Is verbally or physically aggressive  - Bullies or is bullied  - Often runs away  - Uses substances  - Destroys or steals property  - Threatens to inflict harm upon self or others  - Is withdrawn from friends or peers  - Experiences depression or anxiety  - Demonstrates severe changes in mood

SAFE UT APP

Division of Child and Family Services (DCFS) 1(855) 323-3237
Cache County Dispatch (Welfare Check) (435) 755-1000

Bear River Mental Health
www.brmh.com
Provide: Emergency mental health counseling. (435) 752-0750
Services are available in English and Spanish

St. Thomas Aquinas Catholic Church
Provide: Crisis counseling, assistance and support services for victims of abuse. (435) 752-1478
Services are available in English and Spanish

Centro de la Familia
www.la-familia.org (435) 787-2328
Provide: Crisis intervention resources to the Hispanic community.

The Family Place
thefamilyplaceutah.org (435) 752-8880
Provide: Crisis assistance and support groups for victims of abuse. Services are available in English. Services are available in Spanish with the assistance of Centro de la Familia
Community Abuse Prevention Services Agency (CAPSA)
www.capsa.org  (435) 753-2500
Provide: Crisis assistance and support groups for sexual assault and domestic violence victims. Services are available in English and Spanish.

Family Institute of Northern Utah
www.finu.org  (435) 752-1976
Provide: Crisis counseling, assistance and support services for victims of abuse. Services are available in English and Spanish.

LDS Family Services
www.providentliving.org  (435) 752-5302
Provide: Crisis counseling, assistance and support services for victims of abuse. Services are available in English and Spanish.

St. John’s Episcopal Church
www.episcopalchurch.org  (435) 752-0331
Provide: Counseling and support services for victims of abuse. Services are available in English.

USU Therapy Clinic
usu.edu  (435) 797-7430
Provide: Counseling and support services for victims of abuse. Services are available in English and Spanish.

Medical Care Providers:

Budge Clinic
intermountainhealthcare.org  (435) 752-0422
1350 North 500 East  Logan

Cache Valley Specialty Hospital
cachevalleynhospital.com  (435) 713-9700
2310 N 400 E  North Logan
Logan Regional Hospital  
*intermountainhealthcare.org*  
1400 N 500 E  Logan  
(435) 716-1000

Planned Parenthood  
*www.plannedparenthood.org*  
550 North Main  Logan  
Provide: Free STD Testing, Pregnancy Testing, Morning after Pill, Birth Control  
(435) 753-0724

**Community Resources:**

Cache Food Pantry  
*cachefoodpantry.com*  
1350 North 500 East  Logan  
Assists with food and clothing – no cost to recipient.  
(435) 753-7140

WIC – Women, Infants and Children  
2310 N 400 E  North Logan  
Assists with produce, dairy and cereals to nursing mothers and children under 5 yrs old.  
(435) 753-0532

Bear River Health Dept.  
*www.brhd.org*  
655 East 1300 North, Logan  
Provides birth certificates and death certificates  
(435) 752-3730

Dept. of Workforce Services  
*jobs.utah.gov*  
180 North 100 West, Logan  
Assists with job placement, food stamps, financial support, Medicaid, child care, etc.  
(435) 792-0300
Other:

**Utah Legal Services**
www.utahlegalservices.org
Assists with custody, support, divorce and other legal services for low-income families.

**Bear River Assn of Governments**
www.brag.utah.gov
170 North Main, Logan
Assists with HEAT program (utility payments), rent assistance, emergency funds.

RESOURCES FOR COUNSELING/MEDICAID/LOW INCOME

**Bear River Mental Health**
90 E 200 N
Logan UT 84321
PH: 435-752-0750
Payment: Medicaid

**Cache Valley Community Health Center**
1515 North 400 East, suite 104
North Logan, Utah 84341
PH: 435-755-6061
Services Provided: Medical, Dental, Behavioral Health, Psychiatric, Pediatrics and Pharmacy
Payment: sliding scale, out of pocket, most insurances

**Midtown Community Clinic**
Located at Logan Regional Hospital
550 E 1400 N Ste. Y, Logan, UT 84321
PH: (435) 752-7060
Services Provided: Medical, Dental, Behavioral Health, Psychiatric, Pediatrics and Pharmacy
Payment: Sliding Scale, Medicaid, Medicare, PCN, most private insurances

**The Family Place**
1525 North 200 West
Logan Ut. 84321
PH: 435-752-8880
502 South Main
Smithfield UT, 84335
PH: 435-752-8880

10 North 600 East
Hyrum UT 84319
PH: 435-752-8880
Services: Kid's Place (care for kids), therapy, and education. Trauma resiliency project, and Starfish Children's shelter
Payment: Call

SPECIALIZED RESOURCES- DISABILITY

Utah Behavioral Services
35 Skyline Dr. #103
Brigham City Ut. 84302
1-801-255-5131 ext. 166

Kids on the Move
475 West 260 North
Orem Utah
1-801 221-0649

Behavioral Support Services
Sorenson Center
6405 Old Main
Logan Utah
435-797-3403

Counselors Reported in Logan

Callaway, Hollie PHD, Psychologist
1350 N 500 E
Logan UT
(435) 716-1940
Services Provided: Works primarily with adolescents. Specializes in ADHD, anxiety, depression and eating disorders
Fee/ Payments: Accepted by most insurances
Costa, Graca Psychologist, PsyD