One of the most important tools we have at our disposal is for students and staff to stay home when they have been exposed or are ill. In the past, schools have promoted or rewarded perfect attendance but those practices need to be suspended to help keep our school setting safe. This also applies to employees.

- All children, employees, and parents that feel ill or have symptoms should stay home from school.
- Symptoms for COVID-19 specifically include:
  - Chills
  - Cough
  - Difficulty breathing
  - Fever of 100.4 or above
  - Muscle aches and pain
  - New or reduced sense of taste or smell
  - Sore throat
- Teachers should inform their students what to do if they become ill while at school. A general statement should be used by the teacher, such as “If you aren’t feeling well, please let me know.” It is always best practice to not ask the student if they are sick. The majority of the time young children will always answer yes, even if they are not sick.
- Teachers should have a quick daily review with students to remind them of health and safety measures. Preferably, this should be the first item discussed each morning or class period. The reminders may include topics such as: specific times when to wash your hands, how to appropriately use hand sanitizer, procedures for covering their mouth and nose with their elbow when sneezing and coughing, using face coverings, etc.
- Schools will monitor employees and students for symptoms of illness.
- Students and employees who become ill at school will be sent home.
- Use the CCSD Illness Symptom Checklist (see below) for students and employees with any signs or symptoms of COVID-19.

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● Each school is required to follow quarantine protocol and have an onsite location for ill students to rest until a parent, guardian, or emergency contact is able to pick them up.
● Staff should always call the parents of students who indicate they are not feeling well.
● Staff and students traveling to high-risk areas will be required to self-quarantine before returning to school under the direction of the Bear River Health Department.

Refer to the following CDC website for up-to-date high-risk locations:

If a student becomes unwell at school:

● Teacher/Staff are to inform the front office of any student's illness and that the student is on his/her way to the office. This will allow the front office to prepare to assist the ill student. When possible, a student should be accompanied by an adult to the office.
● Before the student arrives, the employee assisting the incoming, ill student should thoroughly wash his/her hands or use hand sanitizer, put on gloves, and continue to wear a mask.
● Staff will use the CCSD Illness Symptom Checklist, as part of the protocol, to assess student well-being.

When the student arrives at the office:

● The student’s mask should be removed if they are having a difficult time breathing, is nauseated or vomiting, etc.
● Have the student thoroughly wash his/her hands.
● Take the student to the sick room for evaluation.
● A temperature will be taken on all students who indicate they are feeling ill.

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- Students with **ANY** of the symptoms on the Illness Symptom Checklist will be moved to the *quarantine room and sent home.
- Call the student’s parents or guardians and request that they come to pick up their child who is feeling ill in a timely manner. Ask for an estimated time of arrival.
- If parents or guardians are unavailable, contact the student’s emergency contact. Parents should check with their listed emergency contacts and make sure that they agree to come to the school and pick up their child who is ill.
- Used gloves and masks should be removed safely and put in a plastic garbage bag.
- Hand hygiene should be performed.
- Employees must document in CareDox all information for students who become ill; including student’s signs and symptoms, interventions, thermometer results, and disposition of the student after the office visit is completed.
- All sick and/or quarantine rooms should be thoroughly disinfected according to cleaning protocols when the student goes home.

**NOTE:** Employees or students that have a confirmed positive case of COVID-19 verified by Bear River Health Department (BRHD) will be asked to remain isolated at home under the direction of the BRHD. Individuals should stay isolated at home from other people from the time they are first symptomatic for at least 10 days with the last three days being fever-free without medication.

- Individuals exposed to COVID-19 must remain quarantined for 14 days.
- Under state requirements, symptomatic individuals will not be allowed to physically return to school unless their symptoms are not due to a communicable disease as confirmed in writing by a medical provider.

*As schools set up quarantine areas, student privacy and dignity will be preserved.*