The HERO Effect
SUMMIT ELEMENTARY
2022-23
Becoming a **HERO**

Look around…
Becoming a HERO

Look around…

★ Who are your heroes?
Becoming a HERO

Look around…

★ Who are your heroes?

★ Do they know that they are your heroes?
Becoming a HERO

Look around…

★ Who are your heroes?
★ Do they know that they are your heroes?
★ Do they know that they make a positive difference in your life?
Look Around Again…
Look Around Again…

Who do you see that

**NEEDS** a **HERO**?
YOU can be their HERO
My Own Superhero

By: Shawna Edwards

https://www.youtube.com/watch?v=gX43dxto99o
When I feel alone or afraid
And nothing is going my way
Or when I’m just running

a little low on faith
That’s when I’ve just gotta believe

There’s power and courage in me
And whatever happens
Through good days and bad ones
I will stand and say
I can climb this mountain

I can brave the storm
I can be amazing,

There’s no telling now

How far I’ll go
When this day needs saving

It starts with me, I know
So I will move, I will rise

I will choose, I will try

to be my own super hero
And I’ll be a light in the dark

I’ll do the right thing

when it’s hard
I’ll reach out my hand
If we start to drift apart
When you need my help
I’ll be there
‘Cuz true super powers are meant to be shared
We’re brighter together
and stronger than ever
Hand in hand

and

heart to heart
I can climb this mountain

I can brave the storm
I can be amazing,
There’s no telling now
How far I’ll go
When this day needs saving
It starts with me, I know
So I will move, I will rise
I will choose, I will try
to by my own superhero
I’ll never give up

I’ll never give in
And each time I fall,
I will rise again
When this day needs saving

It starts with me, I know
So I will move, I will rise
I will choose, I will try
to be my own super hero
Ohh...Ohh...Ohh

I will be my own

Superhero!
Are you ready to be a HERO?
What does a **HERO** look like?
SUMMIT EAGLES

H - Helping others with no strings attached
E - Exceptional. I'm being my best self
R - Responsible for choices, actions, and results
O - Optimistic in my thoughts, attitude, & words
## Summit HERO Expectations

### BEFORE SCHOOL
- I will...
  - **H** Helping others with no strings attached
    - Be an example of following expectations.
  - **E** Exception(s) I'm bringing my best self
    - Fill personal items away appropriately.
    - Smile to be on time. Be in my seat when the second bell rings.
  - **R** Responsible for choices, actions, and results
    - Use voice level 2 or 3
    - Wash hands. Hands to self.
    - Calm body facing forward, walking fast, no breaking out.
  - **O** Open minded in my thoughts, attitude, and words
    - Follow directions cheerfully.
    - Use kind words.

### IN THE HALLWAYS
- I will...
  - **H** Helping others with no strings attached
    - Keep hallways clean.
    - Roll up trash on the floor if it
      isn't indoors.
    - Cheer for others during assemblies.
    - Be: others are thanks when they are: asking safely and quietly.
  - **E** Exception(s) I'm bringing my best self
    - Respect others personal space.
    - Be aware of listening environment.
  - **R** Responsible for choices, actions, and results
    - Use voice level 2 or 3.
    - Wash hands. Hands to self.
    - Calm body facing forward, walking fast, no breaking out.
  - **O** Open minded in my thoughts, attitude, and words
    - Follow directions cheerfully.
    - Be: others are thanks when they are: asking safely and quietly.

### IN THE BATHROOM
- I will...
  - **H** Helping others with no strings attached
    - Keep bathroom clean.
    - Wash my hands.
    - Close the bathroom door.
  - **E** Exception(s) I'm bringing my best self
    - Respect privacy of others.
    - Respect school property.
    - Respect only when needed.
  - **R** Responsible for choices, actions, and results
    - Use voice level 2 or 3.
    - Wash hands. Hands to self.
    - Calm body facing forward, walking fast, no breaking out.
  - **O** Open minded in my thoughts, attitude, and words
    - Follow directions cheerfully.
    - Be: others are thanks when they are: asking safely and quietly.

### IN THE CAFETERA
- I will...
  - **H** Helping others with no strings attached
    - Keep cafeteria clean.
    - Wash my hands.
    - Close the cafeteria door.
  - **E** Exception(s) I'm bringing my best self
    - Be: others are thanks when they are: asking safely and quietly.
  - **R** Responsible for choices, actions, and results
    - Use voice level 2 or 3.
    - Wash hands. Hands to self.
    - Calm body facing forward, walking fast, no breaking out.
  - **O** Open minded in my thoughts, attitude, and words
    - Follow directions cheerfully.
    - Be: others are thanks when they are: asking safely and quietly.

### ON THE PLAYGROUND
- I will...
  - **H** Helping others with no strings attached
    - Keep playground clean.
    - Wash my hands.
    - Close the playground door.
  - **E** Exception(s) I'm bringing my best self
    - Respect privacy of others.
    - Respect school property.
    - Respect only when needed.
  - **R** Responsible for choices, actions, and results
    - Use voice level 2 or 3.
    - Wash hands. Hands to self.
    - Calm body facing forward, walking fast, no breaking out.
  - **O** Open minded in my thoughts, attitude, and words
    - Follow directions cheerfully.
    - Be: others are thanks when they are: asking safely and quietly.

### IN ASSEMBLIES
- I will...
  - **H** Helping others with no strings attached
    - Keep assembly clean.
    - Wash my hands.
    - Close the assembly door.
  - **E** Exception(s) I'm bringing my best self
    - Respect privacy of others.
    - Respect school property.
    - Respect only when needed.
  - **R** Responsible for choices, actions, and results
    - Use voice level 2 or 3.
    - Wash hands. Hands to self.
    - Calm body facing forward, walking fast, no breaking out.
  - **O** Open minded in my thoughts, attitude, and words
    - Follow directions cheerfully.
    - Be: others are thanks when they are: asking safely and quietly.

### IN THE CLASSROOM
- I will...
  - **H** Helping others with no strings attached
    - Keep classroom clean.
    - Wash my hands.
    - Close the classroom door.
  - **E** Exception(s) I'm bringing my best self
    - Respect privacy of others.
    - Respect school property.
    - Respect only when needed.
  - **R** Responsible for choices, actions, and results
    - Use voice level 2 or 3.
    - Wash hands. Hands to self.
    - Calm body facing forward, walking fast, no breaking out.
  - **O** Open minded in my thoughts, attitude, and words
    - Follow directions cheerfully.
    - Be: others are thanks when they are: asking safely and quietly.

### AFTER SCHOOL
- I will...
  - **H** Helping others with no strings attached
    - Be: others are thanks when they are: asking safely and quietly.
  - **E** Exception(s) I'm bringing my best self
    - Quickly get things head to be.
    - Get target.
  - **R** Responsible for choices, actions, and results
    - Use voice level 2 or 3.
    - Wash hands. Hands to self.
    - Calm body facing forward, walking fast, no breaking out.
  - **O** Open minded in my thoughts, attitude, and words
    - Follow directions cheerfully.
    - Be: others are thanks when they are: asking safely and quietly.
YELLOW TICKETS

Any adult working in our school can give out a ticket. When you earn a ticket, then you have demonstrated exemplary behavior, which means:

- You are showing that you are either helping with no strings attached, being exceptional and being your best self, responsible for choices, actions, and words, or optimistic in thoughts, attitude, and words.
WHAT DO I WRITE ON MY TICKET?

Step 1: Make sure your first and last name is written on the back.

Step 2: Make sure a HERO trait is written on the back of the ticket.

Step 3: Put your ticket in your grade level box.

Step 4: Quickly go back to your activity.
WHAT DO I DO WITH MY TICKET?

Grade level ticket boxes are located near the office.
WHAT HAPPENS NEXT?

When a specific amount of tickets are earned by a student, that student will be recognized for their effort.

4 Tickets = H
8 Tickets = E
12 Tickets = R
16 Tickets = O
MONTHLY RECOGNITION

We have a new display in the hallway by the lunchroom. The letters spell HERO. Each month Mrs. McNeil will announce those students who have earned enough tickets to earn either the letter H, E, R or O.

These students will have the opportunity to sign their name on the letter they earned.
THERE’S MORE…

When students earn each letter, they will receive a Brag Tag to add to their HERO chain.

Students who earn all 4 letters will be recognized at the End of Year Assembly AND have their name displayed in the Hero Hall of Fame.
Are you ready to be a HERO?
SUMMIT EAGLES!